ENGAGING ADOLESCENTS™ PARENT COURSE

Parenting skills for resolving teenage behaviour problems

A three-session program for parents and carers at the Western Area Adolescent Team (WAAT)
Buran Close, Mount Druitt, NSW 2770

Wednesday 3:00pm till 5:00pm:
30th of April, 7th of May, & the 14th of May
(must attend all 3 sessions)

Things you will learn:
- Things parents have in common
- New understandings of your teenager and what to expect from them
- Know how to talk and make decisions with your teenager
- Building relationship with your teenager
- Skills for tough conversations for handling those problems you just can’t ignore

Registration Fee
This course is free Afternoon Tea Included.

To register for this course, contact Sarah-Jane at WAAT on 9881-1230 by the Wednesday the 16th of April

What parents have said...
A step dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.

A single Mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case.

Who’s running it?
Sarah-Jane, and Andre will be facilitating. They have completed Parentshop’s Engaging Adolescents training.

For more information contact Sarah-Jane on 9881-1230

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •